

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 <i>Self Defense</i>	4 <i>Grappling</i>	5 <i>Combination Techniques</i>	6 <i>Kata Bunkai</i>	7 <i>Sparring</i>	8
9	10 <i>Grappling</i>	11 <i>Combination Techniques</i>	12 <i>Kata Bunkai</i>	13 <i>Sparring</i>	14 <i>Self Defense</i>	15
16	17 <i>Combination Techniques</i>	18 <i>Kata Bunkai</i>	19 <i>Sparring</i>	20 <i>Self Defense</i>	21 <i>Grappling</i>	22
23	24 <i>Kata Bunkai</i>	25 <i>Sparring</i>	26 <i>Self Defense</i>	27 <i>Grappling</i>	28 <i>Combination Techniques</i>	29
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